

Covid-19 vaccination for people with hemophilia and other bleeding disorders

Recommendation from the Medical Board* of the Swiss Hemophilia Network (SHN) 2021 (version 2)

- 1) People with hemophilia (PWH) and other bleeding disorders (OBD) are not at greater risk for being infected by SARS-CoV-2 or developing a more severe course of COVID-19.
- 2) Therefore, prioritization as defined by the Federal Office of Public Health (FOPH) has to be applied to PWH or OBD, vulnerable persons first including:
 - a. Persons $> / =$ 75 years or
 - b. Person 65 – 74 years +/- and additional risk factors, such as obesity, high blood pressure, diabetes, cardiac disease, pulmonary disease, renal disease, immunodeficiency, as defined by the FOPH (see: www.bag.admin.ch for a detailed description of the risk profile).
- 3) Currently, there is no COVID-19 vaccine licensed for persons <16 years of age or for pregnant persons.
- 4) COVID-19 vaccination is applied intramuscularly (i.m.) by the smallest possible needle (23G or 25G or as recommended by the manufacturer) and should be followed by 10 min pressure on injection site.
- 5) After application, the injection site should be inspected for progressive swelling and hematoma or allergic reaction. In that case, please contact your physician and/or the Hemophilia Treatment Centre (HTC) to plan further treatment. Discomfort and mild swelling up to 2 days might also appear after vaccination in persons without bleeding disorders.
- 6) Persons with severe or moderate hemophilia or severe von Willebrand Syndrome (VWS) Type 3 should apply coagulation factors before vaccination.
- 7) The interval between factor application and vaccination should not be longer than 24 hrs for standard half-life factor (F) VIII and FIX products and not more than 48 hrs for extended half-life products. Ideally, prophylaxis should be performed the day of vaccination.
- 8) Patients with mild hemophilia / VWS and factor activity >10 % or on emicizumab treatment do not need prophylactic factor substitution.
- 9) PWH who have a rest activity between 5 - 10% should be advised individually by their hemophilia treaters and prophylaxis has to be arranged by the hemophilia treatment centre. Persons with clinically relevant VWS Type 1 or 2 (VWF activity or FVIII $<10\%$) should also be advised according to their residual activity and treated individually by factor replacement / DDAVP.
- 10) PWH treated on demand should apply 20 - 40 IU FVIII / FIX / kg weight.
- 11) Patients with a rare bleeding disorder (including those with thrombocytopenia and/or platelet function disorders) should also receive the vaccination under the above noted (point 4) protective measures.
- 12) Patients with afibrinogenemia, should receive the vaccination on the day of fibrinogen substitution. Patients with hypo- or dysfibrinogenemia should be advised according to their clinical symptomatology and treated individually by tranexamic acid.
- 13) Patients with severe thrombocytopenia or severe platelet dysfunctions should be advised according to their clinical symptomatology and treated individually by tranexamic acid or DDAVP as advised by their haematologist.

- 14) In case of a hematoma immobilization, cold application and analgesics should be applied or further factor substitution discussed.
- 15) Persons with known reactions to PEG should be vaccinated by a PEG-free vaccine.
- 16) Up to now there are no data that vaccinations are increasing the risk for inhibitor development.
- 17) Vaccination can also be applied to patients under immune-suppressive agents (cortisone and others) and PWH under immune tolerance or hepatitis C or HIV treatment.

This statement is released on behalf of the medical board* of the Swiss Hemophilia Network (SHN) in relation to international guidance as WHF, EAHAD, EHC, NHF, GTH on 1st February 2021. As more data will be available up-dates will follow.

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